### JESPERS TORVEKØKKEN

# LUNCHMARKET



- O **Spicy falafel** with peas, grated carrot, spinach and cabbage (1,10,15). Served with haydari cream (6,11,15). **V**
- O **Teriyaki marinated beef brisket** with noodles, bean sprouts, edamame beans, grated carrot, spinach and cabbage. (1,2,3,7,8,10,13,15). Served with goma dressing (1,4,7,8). **LF**
- O **Lemon roasted chicken** with pasta tossed in pesto made of semi-dried tomatoes, edamame beans, haricot verts, spinach and cabbage (1.6.7,9,15). Served with curry tomato dressing (2.6,11,13).
- O **Baked salmon** with marinated rice, grated carrot, fried celery, spinach and cabbage. (3,10). Served with parsley dressing (2,6,7,11,13), **GF**

#### SYMBOL EXPLANATION

- **V** Vegetarian
- **VE** Vegan
- **LF** Lactose free
- **GF** Gluten-free
- GFB Gluten-free bread option

# SANDWICH

- O Falafel with haydari cream, spinach, peas and grated carrot (1,8,9,10,11,13,15). VE LF
- O **Chicken with bacon** and curry tomato cream, carrot, cucumber and tomato (1,2,6,11,13,15).
- O **Meatball** with herb cream, red cabbage, pickles, salad and cabbage. (1,2,6,11,13,15).
- O **Ham and cheese** with mustard mayonnaise, tomato, lettuce and spinach (1,2,6,11,13,15).

#### **ALLERGENS**

- (1) Gluten
- (9) Nuts
- (2) Eggs
- (10) Celery
- (3) Fish
- (11) Mustard
- (4) Peanuts
- (12) Lupin
- (5) Shellfish
- (13) Sulphur dioxide
- (6) Milk
- (7) Soya
- (14) Molluscs
- (8) Sesame seeds
- (15) Garlic

#### TWO PIECES OPEN

# **SANDWICHES**

- O **Avocado** with tomato, chilli cream and herbs **Split pea hummus** with spiced baked courgette and carrot ((1),2,6,8,10,11,13,15), **V GFB**
- O **Beetroot tartare** with horseradish and herbs **Pea spread** with pickled pumpkin and herbs ((1),10,11,13), **VE GFB**
- O **Eggs and prawns** with lemon, mayonnaise, roe and dill **Liver pâté** with bacon and beetroot (1,2,3,6,5,11,13,15).
- O **Fish fillet** with prawns, coarse remoulade, lemon and dill **Roast loin** with red cabbage and pickles (1,2,3,5,10,11,13). **LF**
- O Sausage roll with Italian salad
  Chicken salad with bacon, grilled pineapple and chives ((1),2,6,7,10,11,13,15). GFB

# CHOOSE BETWEEN WARM PORTIONED DISHES

- Favourite
- Vegetarian
- Vegan
- Gluten/lactose free
- Halal.

# WARN

# INCLUDED

Order from day to day
From just 1 person
Free of choice

#### **CAKE EVERY THURSDAY**

All lunch packages follow the normal price

#### **CONTACT US**

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## JESPERS TORVEKØKKEN

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